

Cumming Aquatic Center Summer Group Swim Lessons 2026



Mon, Wed & Fri Mornings		Monday & Wednesday Evenings		Tuesday & Thursday Mornings/Evenings		Saturday Mornings	
Session	Dates (# of lessons)	Session	Dates (# of lessons)	Session	Dates (# of lessons)	Session	Dates (# of lessons)
3	May 27-June 10 (7) * skip 5/25 & 6/12	4	May 27—June 17 (7)	1 (Mornings) 2 (Evenings)	May 26-June 18 (8)	5	May 30—July 18 (7) *skip 7/4
6	June 15-July 1 (8) * skip 7/3	7	June 22—July 8 (6)	8 (Mornings) 9 (Evenings)	June 23—July 9 (6)	15	July 25—Aug 29 (6)
10	July 6-July 17 (6)	11	July 13—July 29 (6)	12 (Mornings) 13 (Evenings)	July 14—July 30 (6)		
14	July 20-July 31 (6)	16	Aug 3—Aug 26 (8)	17 (Evenings)	Aug 4—Aug 27 (8)		

Swim Lesson Fees :		8 lessons	7 lessons	6 lessons
Parent & Child / Preschool	30 min lessons	\$110	\$97	\$85
Learn to Swim / Adult	45 min lessons	\$158	\$139	\$121

The schedule below outlines class offerings throughout the Summer Season.

Class options may vary by session based on demand. Please check online registration for current availability.

Class	Mon, Wed & Fri Mornings	Mon & Wed Evenings	Tues & Thurs Mornings/Evenings	Saturday Mornings
Parent & Child Aquatics (Ages 6 months—3 years) *No Prerequisites				
Parent & Child [1:10 ratio]	9:50—10:20 am		4:20—4:50 pm	9:10—9:40 am 9:45—10:15 am 10:20—10:50 am 10:55—11:25 am
Pre-School Aquatics (Ages 3-5) : Level 1 (Beginner)—Level 4 (Advanced)				
Preschool Level 1 [1:5 ratio] Level 2 [1:5 ratio] Level 3 [1:6 ratio] Level 4 [1:6 ratio]	9:50—10:20 am 10:25—10:55 am 11:00—11:30 am 11:35—12:05 pm 12:10—12:40 pm 12:45—1:20 pm	5:10—5:40 pm 5:45—6:15 pm 6:20—6:50 pm 7:00—7:30 pm	3:10—3:40 pm 3:45—4:15 pm 4:20—4:50 pm 4:55—5:25 pm 5:30—6:00 pm 6:05—6:35 pm 6:40—7:10 pm	9:10—9:40 am 9:45—10:15 am 10:20—10:50 am 10:55—11:25 am 11:30—12:00 pm 12:05—12:35 pm
Learn to Swim Aquatics (Ages 5—12) : Level 1 (Beginner)—Level 6 (Advanced)				
Learn to Swim	9:50—10:35 am 10:40—11:25 am 11:30—12:15 pm 12:20—1:05 pm 1:10—1:55 pm	5:10—5:55 pm 6:00—6:45 pm 6:50—7:35 pm 7:40—8:25 pm	9:10—9:55 am (Level 5 only) 3:10—3:55 pm 4:00—4:45 pm 4:50—5:35 pm 10:00—10:45 am (Level 6 only) 5:40—6:25 pm 6:30—7:15 pm 7:20—8:05 pm	9:10—9:55 am 10:00—10:45 am 10:50—11:35 am 11:40—12:25 pm 12:30—1:15 pm
Adult Aquatics (Ages 13+) *No Prerequisites for Adult Basics				
Adult Basics <i>Beginner Level</i> [1:6 ratio]	1:10—1:55 pm	6:00—6:45 pm 7:40—8:15 pm	3:10—3:55 pm 4:00—4:45 pm 4:50—5:35 pm 5:40—6:25 pm 6:30—7:15 pm 7:20—8:05 pm	10:00—10:45 am 10:50—11:35 am 11:40—12:25 pm 12:30—1:15 pm
Stroke Development <i>Advanced Level</i> [1:8 ratio]		6:50—7:35 pm	10:50—11:35 am	9:10—9:55 am 12:30—1:15 pm

LEVEL PROGRESSIONS

Parent Child

(ages 6 months-3 years)

This class is designed to familiarize children with the water and teach swimming readiness skills through exciting activities, games and songs. Each child must be accompanied by an adult in the water, and a swim diaper must be worn. (1:10 ratio)

Preschool
(ages 3-5)
Levels 1-4

Learn to Swim
(ages 5-13)
Levels 1-6

Learn to Swim
Level 1
1:6 ratio

Level 1—
I'm a beginner looking forward to learning fundamental skills of swimming (floating, treading, swimming independently).

Preschool
Level 1
1:5 ratio

Level 1—
I'm a beginner ready to learn fundamental skills of swimming (floating, gliding, kicking, submerging).

Preschool
Level 2
1:5 ratio

Level 2—
I can put my face in the water and can float & swim with some assistance. I need to practice swimming longer durations with some assistance, and begin working on independence.

Preschool
Level 3
1:6 ratio

Level 3—
I can submerge underwater and have practiced swimming short durations by myself. I need to practice swimming with my arms and legs on the front and back independently and with improved coordination.

Preschool
Level 4
1:6 ratio

Level 4—
I can float by myself and swim Front Crawl and Back Crawl independently for a short distance. I need to practice breathing properly and swimming further distances.

Learn to Swim
Level 2
1:6 ratio

Level 2 —
I can swim independently for a short distance, but still need to improve Freestyle & Backstroke technique.

Learn to Swim
Level 3
1:6 ratio

Level 3 —
I can swim Freestyle (with side breathing) & Backstroke but I need to learn Breaststroke & Butterfly.

Learn to Swim
Level 4
1:6 ratio

Level 4—
I can swim Free, Back & Breast but need to improve Breast & Fly technique and practice diving.

Learn to Swim
Level 5
1:8 ratio

Level 5—
I can swim 25 yards of each competitive stroke. I need to work on stroke refinement, endurance, flip turns and diving from the block in the competition pool.

Learn to Swim
Level 6
1:8 ratio

Level 6—
I have strong endurance and I can dive & swim in deep water. I need to fine-tune strokes, turns, and finishes to prepare for a swim team.

Adults
(ages 13+)
2 Levels

Adult Basics (1:6 ratio)— I'm a beginner ready to learn the fundamental skills of swimming, as well as swimming the basic strokes independently.

Adult Stroke Development (1:8 ratio)— I am comfortable swimming 25 yards independently. I need to work on stroke refinement, endurance, flip turns and diving from the diving block in the competition pool.