



# AMERICAN RED CROSS WATER SAFETY INSTRUCTOR COURSE

The primary purpose of the Red Cross Water Safety Instructor class is to train instructor candidates to teach water safety, including the Basic Water Rescue and Personal Water Safety courses, six levels of Learn-to-Swim, three levels of Preschool Aquatics and two levels of Parent and Child Aquatics. Certification valid for 2 years. This Course is Blended Learning (Online + In-Class).



## WATER SAFETY INSTRUCTOR COURSE PREREQUISITES:

- Be at least 16 years of age
  - Successfully complete the pre-course session.
- Candidates who do not pass the pre-course swim skills evaluation will be refunded all but \$80.
- Pre-course required skills include: Swim 25 yards of Front crawl, Back crawl, Breaststroke, Elementary Backstroke, Sidestroke consistent with ARC Level 4 & 15 yards of Butterfly; Maintain position on back for 1 minute in deep water (floating or sculling); Tread water (1 min)

### Session 1: Aug 25th—26th & Sept 1st-2nd

Friday, August 25th : 4:00pm – 8:00pm

Saturday, August 26th : 8:00 am – 5:00pm (1 hr lunch)

Friday, September 1st : 4:00pm – 8:00pm

Saturday, September 2nd : 8:00 am – 5:00pm (1 hr lunch)

### Session 2 : Sept 15th—16th & Sept 22nd-23rd

Friday, September 15th : 4:00pm – 8:00pm

Saturday, September 16th : 8:00 am – 5:00pm (1 hr lunch)

Friday, September 22nd : 4:00pm – 8:00pm

Saturday, September 23rd : 8:00 am – 5:00pm (1 hr lunch)

### Session 3 : Oct 6th—7th & Oct 13th-14th

Friday, October 6th : 4:00pm – 8:00pm

Saturday, October 7th : 8:00 am – 5:00pm (1 hr lunch)

Friday, October 13th : 4:00pm – 8:00pm

Saturday, October 14th: 8:00 am – 5:00pm (1 hr lunch)

**Class Format: Blended Learning (online + in-class)**

**\*Online work will be sent via email following registration.**

**All online work must be completed prior to the first day of class.**

**course Fee.**  
**\$355**